

## DIET ABBREVIATIONS & EXPLANATIONS Last Updated: 03/12/2025

GF	<p><b>Gluten Free - Products will be free from Gluten and Wheat.</b></p> <p><b>Gluten Free Grain Options:</b> Bagel, Bread, Buns (Hamburger &amp; Hot Dog), Crackers, Cookies (Chocolate Chip or Snickerdoodle), English Muffin, Muffin (Blueberry &amp; Chocolate), Pasta (Rotini), Pizza Crust, Hard Pretzels, Corn Scoops, Corn Tortilla Chips, Tortilla Wrap (Flour), Tortilla (Corn).</p> <p><b>Meat/Meat Alternative Options:</b> Chicken Tenders, Tyson Grilled Chicken, Tyson Mesquite Glazed Chicken Drumsticks, Pupusa (Bean &amp; Cheese), Yang's Teriyaki Chicken.</p>
DF-LI	<p><b>Dairy Free Lactose Intolerance: No Cheese, No Yogurt, No Milk.</b></p> <p>Unless otherwise noted, students will <u>not</u> be allowed to have cheese, yogurt, or milk.</p>
GFDF-LI	<p><b>Gluten Free, Dairy Free Lactose Intolerance - Products will be free from Gluten, Wheat, and No Cheese, No Yogurt, No Milk.</b></p> <p>Unless otherwise noted, students will not be allowed to have cheese, yogurt, or milk. The grain options will be free from cheese and yogurt. The Pupusa will <u>NOT</u> be able to be given due to having cheese. The rest of the Meat/Meat Alternative choices are ok.</p>
DFEF	<p><b>Dairy Free, Egg Free - Products will be free of Dairy, Milk Derivatives (Whey, Casien, &amp; Butter), and Egg Ingredients.</b></p> <p>It will be noted whether a student with only a dairy allergy or a student with only an egg allergy can have that certain food (i.e. students with dairy allergy cannot have pizza, but a student with only an egg allergy can have pizza. Therefore, there will be a "Note" that pizza is ok for EF allergy student).</p> <p><b>Dairy Free &amp; Egg Free Grain Options:</b> Graham Crackers, Lil' Squares, Scooby Doo Crackers, Honey Belly Bears, Scoops, Heartzels, Nat. Valley Crisps, Pop Tart, Animal Crackers, Tiger Bites (Original &amp; Chocolate), Sandwich Bread, Hamburger/Hot Dog Bun, Bagel, Granola, Pretzel Bites, Loco Bread, English Muffin, Chocolate Carmel Chex Mix, Whole Grain Crackers (Back to Basics).</p> <p><b>Dairy Free Grain Options: NONE</b> (Found out that there is whey in the breakfast bread slices).</p> <p><b>Egg Free Grain Options:</b> All Goldfish flavors (Honey Bun, Cheddar, Pretzel, Etc.), Cheez-Its, all Chex Mix Flavors, Crunch Bars, Croissant, Cinni Minis, Apple Strudel.</p>
GFDF	<p><b>Gluten Free, Dairy Free - Products will be free from Gluten, Wheat, and No Dairy, Milk Derivatives (Whey, Casien, &amp; Butter).</b></p> <p><b>Gluten Free &amp; Dairy Free Grain Options:</b> Bagel, Bread, Buns (Hamburger &amp; Hot Dog), English Muffin, Muffin (Blueberry &amp; Chocolate), Pasta (Rotini), Pizza Crust, Pretzels (Hard), Scoops, Tortilla Chips, Tortilla Wrap (Flour), Tortilla (Corn).</p> <p><b>Gluten Free &amp; Dairy Free Meat/Meat Alternative Options:</b> Chicken Tenders, Tyson Grilled Chicken, Tyson Mesquite Glazed Chicken Drumsticks, Yang's Teriyaki Chicken, Chocolate No Nut Butter Cup, Sunbutter, Hardboiled Egg, Sunflower Seeds, Hummus.</p>
GFDFEF	<p><b>Gluten Free, Dairy Free, Egg Free - Products will be free from Gluten, Wheat, Dairy, Milk Derivatives (Whey, Casien, &amp; Butter), and Egg Ingredients.</b> Chicken Green Chili Tamales able to be used on this menu. Can replace any pre-planned item.</p> <p><b>Gluten Free, Egg Free &amp; Dairy Free Grain Options:</b> Pretzels (Hard), Scoops, Tortilla Chips, Tortilla Wrap (Flour), Tortilla (Corn).</p> <p><b>Gluten Free, Dairy Free, Egg Free Meat/Meat Alternative Options:</b> GF Chicken Tenders, Tyson Grilled Chicken, Tyson Mesquite Glazed Chicken Drumsticks, Yang's Teriyaki Chicken, Chocolate No Nut Butter Cup, Sunbutter, Sunflower Seeds, Hummus.</p> <p><b>Gluten Free, Dairy Free, Egg Free Dressing:</b> Balsamic Vinaigrette, Raspberry Vinaigrette, Old Venice Italian.</p>

All the gluten free items have corn derivatives as an ingredient. The gluten free grain option brands are:  
 Udi's, Canyon Bakehouse, Harvestland, Glutino, Del Real Foods, Marzetti, Mission, & Venice Baking

## Special Diet Elementary Menu 2024-2025

May 5 - May 9

Trail Mix = Sunflower Seeds &amp; Dried Fruit

	Monday	Tuesday	Wednesday	Thursday	Friday
	5	6	7	8	9
Breakfast	<b>Reg</b> Super Cinnamon Bun^+	<b>Reg</b> Mini Maple Waffles^+	<b>Reg</b> Poptart & Cheese Stick	<b>Reg</b> Bagel & Cream Cheese	<b>Reg</b> Breakfast Burrito
	<b>GF</b> GF Cereal	<b>GF</b> 2oz GF Muffin & Cheese Stick	<b>GF</b> GF Cereal & Cheese Stick	<b>GF</b> 1/2 GF Bagel+ & Cream Cheese	<b>GF</b> GF Breakfast Burrito
	<b>DF-LI</b> Super Cinnamon Bun^+	<b>DF-LI</b> Mini Maple Waffles^+	<b>DF-LI</b> Poptart & HB Egg or Seeds	<b>DF-LI</b> Bagel & PB* & Jelly	<b>DF-LI</b> Breakfast Burrito using DF Cheese
	<b>GFDF-LI</b> GF Cereal (trail mix or milk alt.)	<b>GFDF-LI</b> 2oz GF Muffin & HB Egg	<b>GFDF-LI</b> GF Cereal (trail mix or milk alt.)	<b>GFDF-LI</b> GF Bagel+ & HB Egg, PB*	<b>GFDF-LI</b> GF Breakfast Burrito (DF Cheese)
	<b>DFF</b> Pop Tart w/DF Yogurt	<b>DFF</b> Cereal (trail mix or soy milk)	<b>DFF</b> Pop Tart w/DF Yogurt	<b>DFF</b> Bagel & PB*	<b>DFF</b> Pop Tart w/DF Yogurt
	<b>GFDFEF</b> GF Cereal (trail mix or soy milk)	<b>GFDFEF</b> GF Cereal (trail mix or soy milk)	<b>GFDFEF</b> GF Cereal (trail mix or soy milk)	<b>GFDFEF</b> GF Cereal (trail mix or soy milk)	<b>GFDFEF</b> GF Cereal (trail mix or soy milk)
Lunch	<b>Reg</b> Cheeseburger	<b>Reg</b> Chicken Nuggets w/Chex Cheddar Mix	<b>Reg</b> Beefy Sloppy Joes	<b>Reg</b> Chicken Teriyaki w/Brown Rice & Scooby Doo Crackers	<b>Reg</b> Stuffed Crust Cheese Pizza
	Beef Hot Dog	Cheese Quesadilla	Build-A-Pizza	Corn Dog	Stuffed Crust Pepperoni Pizza
	Veggie Wrap	Cobb Salad w/ Graham Crackers	Manager's Choice	Garden Salad w/Graham Crackers	Bean & Cheese Burrito
	<b>GF</b> GF Cheeseburger (GF Bun)	<b>GF</b> GF Chicken Tenders w/GF Grain	<b>GF</b> GF Beefy Sloppy Joes (GF Bun)	<b>GF</b> GF Chicken Teriyaki w/Brown Rice & GF Grain	<b>GF</b> GF Pizza (cooked)
	GF Beef Hot Dog (GF Bun)	GF Cheese Quesadilla (GF Tortilla)	GF Build-A-Pizza (1/4 crust, cheese, marinara, pepperoni optional)	Garden Salad w/GF Grain	Bean & Cheese Burrito on a GF Flour Tortilla
	GF Veggie Wrap (GF Tortilla)	Cobb Salad w/GF Grain			
	<b>DF-LI</b> Hamburger	<b>DF-LI</b> Chicken Nuggets w/Scoops, Scooby Snack, or Graham Cracker	<b>DF-LI</b> Beefy Sloppy Joes	<b>DF-LI</b> Chicken Teriyaki w/Brown Rice & Scooby Doo Crackers	<b>DF-LI</b> DF Pizza (Daiya Cheese)
	Beef Hot Dog	DF Cheese Quesadilla (Daiya Cheese)	DF Build-A-Pizza (Daiya Cheese)	Corn Dog	Bean Burrito (canned refried bns) DF Bean & Cheese Burrito (Daiya Cheese)
	<b>GFDF-LI</b> GF Hamburger	<b>GFDF-LI</b> GF Chicken Tenders w/GF Grain	<b>GFDF-LI</b> GF Beefy Sloppy Joes (GF Bun)	<b>GFDF-LI</b> GF Chicken Teriyaki w/Brown Rice & GF Grain	<b>GFDF-LI</b> GF DF Pizza (Daiya Cheese & 1/4 GF Pizza crust)
	GF Beef Hot Dog	GF DF Cheese Quesadilla (Daiya Cheese)	GF DF Build-A-Pizza (1/4 crust, Daiya cheese, marinara)	Garden Salad w/GF Grain & Daiya Cheese	GF Bean Burrito (cnd refried bns) or GF DF Bean & Cheese Burrito
Sides	<b>DFF</b> Hamburger	<b>DFF</b> Chicken Nuggets w/DFF Grain	<b>DFF</b> Beefy Sloppy Joes	<b>DFF</b> Chicken Teriyaki w/Brown Rice & Scooby Doo Crackers	<b>DFF</b> DF Pizza (Daiya Cheese, Loco bread), Bean Burrito, DF Bean & Cheese Burrito (Daiya Cheese)
	Beef Hot Dog	DF Cheese Quesadilla (Daiya)	DF Build-A-Pizza (Daiya Cheese)	Tyson DF EF Mini CornDogs	Regular Pizza / Bean & Cheese Burritos OK for kids w/EF allergy
	<b>GFDFEF</b> Hamburger Patty in Lettuce Wrap w/GFDFEF Grain	<b>GFDFEF</b> Gluten Free Chicken Tenders w/Scoops or GF Pretzels	<b>GFDFEF</b> Beef Sloppy Joe Meat w/Scoops	<b>GFDFEF</b> Chicken Teriyaki w/Brown Rice & Scoops	<b>GFDFEF</b> GF Bean Burrito (frz refried bns) or GF DF Bean & Cheese Burrito
	PB*, Apple Slices, Seeds, & Scoops or GF Pretzels	GF DF Cheese Quesadilla (Daiya Cheddar Cheese)	Mesquite Glazed Chicken w/GFDFEF Grain	Garden Salad w/Scoops & Daiya Cheese (no Egg, Deli Meat ok)	PB*, Apple Slices, Seeds, & Scoops or GF Pretzels
	<b>Reg</b> F&V Bar	<b>Reg</b> Salgado Spiced Black Beans	<b>Reg</b> Curly Fries	<b>Reg</b> F&V Bar	<b>Reg</b> Bulk Garden Salad
	<b>GF</b> F&V Bar	<b>GF</b> Salgado Spiced Black Beans	<b>GF</b> Curly Fries (McCain's Only)	<b>GF</b> F&V Bar	<b>GF</b> Bulk Garden Salad
	<b>Others</b> F&V Bar	<b>Others</b> Salgado Spiced Black Beans	<b>Others</b> No for Corn & Soy Allergy	<b>Others</b> F&V Bar	<b>Others</b> Use DF Cheese for DF-LI/DF Allergy
GF Grain options (i.e. Crackers, Bread, Buns, Bagel, Pizza Crust) contain egg except for those listed under GFDFEF Pupusas are Gluten Free and can be substituted for any meal. Please write it in for your manager. Dairy Free (DF) MMA: Hummus, SF Seeds, PB*, HB Egg, Sunbutter, Chocolate No Nut Butter Cup, DF Yogurt, DF Shredded Cheese DFF Grains: Scoops, Graham Cracker, Scooby Doo, Both Tortillas, Pop Tarts GFDFEF Grains: Scoops, Pretzel, GF Flour/Corn Tortillas				This Symbol "^" denotes contains milk/milk derivatives This Symbol "*" denote Nut/Tree Nut Allergy => SunButter will be subbed. This Symbol "+" denotes contains eggs/egg products Our Ham is Turkey Ham from Jennie-O. Chicken Tamales are Gluten, Dairy, & Egg Free. Can be used in any Special Diet Menu	

**Special Diet Elementary Menu 2024-2025**

May 12 - May 16

Trail Mix = Sunflower Seeds &amp; Dried Fruit

	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Breakfast	<b>Reg</b> Oatmeal Breakfast Round^+	<b>Reg</b> Pancake on a Stick+	<b>Reg</b> Donut (Cheese Stick w/Super Donut)	<b>Reg</b> Muffin^+ & Yogurt	<b>Reg</b> Trky Ham, Egg, Cheese Croissant^+
	<b>GF</b> GF Cereal w/Milk	<b>GF</b> Sausage & 2oz GF Muffin	<b>GF</b> GF Cereal	<b>GF</b> 2oz GF Muffin+ & Yogurt	<b>GF</b> Ham, Egg & Cheese GF Bun
	<b>DF-LI</b> Oatmeal Breakfast Round^+	<b>DF-LI</b> Pancake on a Stick+	<b>DF-LI</b> Donut (sub Graham Cracker w/Super Donut)	<b>DF-LI</b> Muffin & DF Yogurt	<b>DF-LI</b> Ham & Egg Croissant^+ Sandwich
	<b>GFDF-LI</b> GF Cereal (trail mix or milk alt.)	<b>GFDF-LI</b> Sausage & 2oz GF Muffin	<b>GFDF-LI</b> GF Cereal (trail mix or milk alt.)	<b>GFDF-LI</b> 2oz GF Muffin & DF Yogurt	<b>GFDF-LI</b> Ham & Egg on GF Bun
	<b>DFFEF</b> Cereal (trail mix or soy milk) <b>Milk ok for EF</b>	<b>DFFEF</b> Poptart w/DF Yogurt <b>Pancake on Stick ok for DF</b>	<b>DFFEF</b> Cereal (trail mix or soy milk) <b>Milk ok for EF</b>	<b>DFFEF</b> Pop Tart w/DF Yogurt <b>Yogurt ok for EF allergy</b>	<b>DFFEF</b> Cereal (Trail Mix or Soy Milk) <b>Milk ok for EF</b>
	<b>GFDFEF</b> GF Cereal (trail mix or soy milk)	<b>GFDFEF</b> GF Cereal (trail mix or soy milk)	<b>GFDFEF</b> GF Cereal (trail mix or soy milk)	<b>GFDFEF</b> GF Cereal (trail mix or soy milk)	<b>GFDFEF</b> GF Cereal (Trail Mix or Soy Milk)
Lunch	<b>Reg</b> Fun Fish w/Corn Stars^+  Grilled Cheese Sandwich Chicken Salad Croissant^ Sandwich	<b>Reg</b> Chicken Nuggets w/Animal Crackers  Cheese Enchiladas Chicken Caesar Salad w/Graham Crackers	<b>Reg</b> BBQ Riblet Sandwich  Breakfast Bread Plate  Manager's Choice	<b>Reg</b> Popcorn Chicken Bowl w/Roll  Pull Apart Breadsticks  PB&J Lunch Pack w/Cheez-Its	<b>Reg</b> Cheezy Bottom Cheese Pizza  Cheezy Bottom Pepperoni Pizza  Bean & Cheese Burrito
	<b>GF</b> GF Grilled Cheese Sandwich  GF Chicken Salad Sandwich	<b>GF</b> GF Chicken Tenders w/GF Grain  Cheese Enchiladas  Chicken Caesar Salad w/GF Grain	<b>GF</b> GF Apple Cinnamon Toast w/Yogurt & Cheese Stick	<b>GF</b> GF Chicken Tenders w/GF Grain  Chicken Gravy ok for GF. Mashed Potato ok for sides. GF PB&J Sandwich w/GF Grain	<b>GF</b> GF Pizza (cooked)  Bean & Cheese Burrito on a GF Flour Tortilla
	<b>DF-LI</b> Fun Fish w/Corn Stars^+ DF Grilled Cheese (Daiya) Chicken Salad Croissant^ Sandwich	<b>DF-LI</b> Chicken Nuggets w/Cracker DF Cheese Enchilada Chicken Caesar Salad (no cheez or DF cheez) w/Grhm Crckrs	<b>DF-LI</b> BBQ Riblet Sandwich Breakfast Bread Plate (sub DF MMA and DF Yogurt)	<b>DF-LI</b> Popcorn Chicken Bowl w/Roll PB&J Lunch Pack (non-cheese Grain, no cheese - sub DF MMA)	<b>DF-LI</b> DF Pizza (Daiya Cheese) Bean Burrito (Frz pre-made) DF Bean & Cheese Burrito (Daiya)
	<b>GFDF-LI</b> GF DF Grilled Cheese (Daiya)  GF Chicken Salad Sandwich	<b>GFDF-LI</b> GF Chckn Tenders w/GF Grain DF Cheese Enchiladas Chicken Caesar Salad (no cheez or DF cheez) w/GF Grain	<b>GFDF-LI</b> GF Apple Cinnamon Toast (sub DF MMA and DF Yogurt)	<b>GFDF-LI</b> GF Chicken Tenders w/GF Grain (mashed potato has milk) GF PB*&J Lunch Pack w/GF Grain (no cheese - sub DF MMA)	<b>GFDF-LI</b> GF DF Pizza (Daiya Cheese & 1/4 GF Pizza crust) GF Bean Burrito (frz refried bns) or GF DF Bean & Chz Burrito
	<b>DFFEF</b> Fun Fish with DFFEF Grain (Scoops/Scooby Crackers)  DF Grilled Cheese (Daiya) Note- Reg. Grilled Cheese ok for kids with EF allergy	<b>DFFEF</b> Chicken Nuggets w/DFFEF Grain DF Cheese Enchiladas Chicken Caesar Salad (no cheez or DF cheez) w/Grhm Crckrs Note- Enchiladas ok for kids with only EF allergy	<b>DFFEF</b> Deli Meat Sub Sandwich  Cereal Breakfast Plate (sub DF MMA and DF Yogurt) Note- BBQ Rib Sandwich ok for kids with only EF allergy	<b>DFFEF</b> Popcorn Chicken w/Corn (no mashed potatoes & no gravy if DF, ok for EF only allergy)  PB&J Lunch Pack w/DFFEF Grain (no cheese, Sub DF MMA)	<b>DFFEF</b> DF Pizza (Daiya Cheese, Loco bread), Bean Burrito, DF Bean & Cheese Burrito (Daiya Cheese)  Pizza and Bean & Chz Burrito OK for kids with EF allergy
	<b>GFDFEF</b> Grilled Chicken Wrap w/DF Cheese PB*, Apple Slices, Seeds, & Scoops or GF Pretzels	<b>GFDFEF</b> GF Chicken Tenders w/Scoops or GF Pretzels DF Cheese Enchilada	<b>GFDFEF</b> PB*, Apple Slices, Seeds, & Scoops or GF Pretzels	<b>GFDFEF</b> GF Chicken Tenders w/Scoops (1/2 GF Muffin ok for DF allergy) PB*, Apple Slices, Seeds, & Scoops or GF Pretzels	<b>GFDFEF</b> GF Bean Burrito (frz refried bns) or GF DF Bean & Chz Burrito PB*, Apple Slices, Seeds, & Scoops or GF Pretzels
Sides	<b>Reg</b> F&V Bar	<b>Reg</b> Refried Beans	<b>Reg</b> F&V Bar	<b>Reg</b> Hot Corn	<b>Reg</b> Bulk Caesar Salad
	<b>GF</b> F&V Bar	<b>GF</b> Refried Beans	<b>GF</b> F&V Bar	<b>GF</b> Hot Corn	<b>GF</b> Bulk Caesar Salad
	<b>Others</b> F&V Bar	<b>Others</b> Sub vegan Refried Beans	<b>Others</b> F&V Bar	<b>Other</b> Hot Corn	<b>Others</b> F&V Bar Only
GF Grain options (i.e. Crackers, Bread, Buns, Bagel, Pizza Crust) contain egg except for those listed under GFDFEF Pupusas are Gluten Free and can be substituted for any meal. Please write it in for your manager. Dairy Free (DF) MMA: Hummus, SF Seeds, PB*, HB Egg, Sunbutter, Chocolate No Nut Butter Cup, DF Yogurt, DF Shredded Cheese DFFEF Grains: Scoops, Graham Cracker, Scooby Doo, Both Tortillas, Pop Tarts GFDFEF Grains: Scoops, Pretzel, GF Flour/Corn Tortillas				This Symbol "^" denotes contains milk/milk derivatives This Symbol "*" denote Nut/Tree Nut Allergy => SunButter will be subbed. This Symbol "+" denotes contains eggs/egg products Our Ham is Turkey Ham from Jennie-O. Chicken Tamales are Gluten, Dairy, & Egg Free.	

Special Diet Elementary Menu 2024-2025

May 19 - May 23

Trail Mix = Sunflower Seeds & Dried Fruit

	Monday	Tuesday	Wednesday	Thursday	Friday
	19	20	21	22	23
Breakfast	<b>Reg</b> Strawberry Cream Cheese Filled Bagel^	<b>Reg</b> French Toast Stick^+	<b>Reg</b> Cinni Minis^	<b>Reg</b> Cereal	
	<b>GF</b> GF Bagel+ w/Cream Cheese	<b>GF</b> GF French Toast Sticks+	<b>GF</b> GF Cereal	<b>GF</b> GF Cereal	
	<b>DF-LI</b> Bagel & PB* or Jelly or Honey	<b>DF-LI</b> French Toast Stick^+	<b>DF-LI</b> Cinni Minis^	<b>DF-LI</b> Cereal (trail mix or milk alt.)	
	<b>GFDF-LI</b> GF Bagel+ w/PB* & Jelly or Honey	<b>GFDF-LI</b> GF French Toast Sticks+	<b>GFDF-LI</b> GF Cereal (trail mix or milk alt.)	<b>GFDF-LI</b> GF Cereal (trail mix or milk alt.)	
	<b>DFF</b> Pop Tart w/DF Yogurt <b>Strawberry C.C. Bagel ok for EF allergy</b>	<b>DFF</b> Cereal & (Trail Mix or Soy Milk)	<b>DFF</b> Pop Tart w/DF Yogurt <b>Cinni Minis ok for EF allergy</b>	<b>DFF</b> Cereal (Trail Mix or Soy Milk)	
	<b>GFDFEF</b> GF Cereal (trail mix or soy milk)	<b>GFDFEF</b> GF Cereal (Trail Mix or Soy Milk)	<b>GFDFEF</b> GF Cereal (Trail Mix or Soy Milk)	<b>GFDFEF</b> GF Cereal (Trail Mix or Soy Milk)	
Lunch	<b>Reg</b> Mac & Cheese w/Heartzel Manager's Choice	<b>Reg</b> Chicken Nuggets w/Scoops Manager's Choice	<b>Reg</b> Pizza (Cheese & Pepperoni) Manager's Choice	HALF DAY NO LUNCH	HAVE A GREAT SUMMER VACATION!!
	<b>GF</b> GF Mac & Cheese w/GF Pretzels	<b>GF</b> GF Chicken Tenders w/Scoops	<b>GF</b> GF Pizza (cooked)		
	<b>DF-LI</b> DF Bean Burritos	<b>DF-LI</b> Chicken Nuggets w/Scoops	<b>DF-LI</b> DF Pizza (Daiya Cheese)		
	<b>GFDF-LI</b> GF Pasta w/ Marinara Cup or Butter Spray	<b>GFDF-LI</b> GF Chicken Tenders w/GF Crackers or Scoops	<b>GFDF-LI</b> GF DF Pizza (Daiya Cheese & 1/4 GF Pizza crust)		
	<b>DFF</b> DF Bean Burritos	<b>DFF</b> Chicken Nuggets w/Scoops	<b>DFF</b> DF Pizza (Daiya Cheese, Loco bread)		
	<div>Mac &amp; Cheese OK for kids with only EF allergy</div> <b>GFDFEF</b> GF Chicken Tenders w/Scoops	<b>GFDFEF</b> GF Chicken Tenders w/Scoops	<div>Pizza OK for kids with only EF allergy</div> <b>GFDFEF</b> GF Chicken Tenders w/Scoops		
Sides	<b>Reg</b> Tater Gems	<b>Reg</b> F&V Bar	<b>Reg</b> F&V Bar		
	<b>GF</b> Tater Gems	<b>GF</b> F&V Bar	<b>GF</b> F&V Bar		
	<b>Other</b> No for Corn & Soy Allergy	<b>Other</b> F&V Bar	<b>Other</b> F&V Bar		
GF Grain options (i.e. Crackers, Bread, Buns, Bagel, Pizza Crust) contain egg except for those listed under GFDFEF Pupusas are Gluten Free and can be substituted for any meal. Please write it in for your manager. Dairy Free (DF) MMA: Hummus, SF Seeds, PB*, HB Egg, Sunbutter, Chocolate No Nut Butter Cup, DF Yogurt, DF Shredded Cheese DFF Grains: Scoops, Graham Cracker, Scooby Doo, Both Tortillas, Pop Tarts GFDFEF Grains: Scoops, Pretzel, GF Flour/Corn Tortillas				This Symbol "^" denotes contains milk/milk derivatives This Symbol "*" denote Nut/Tree Nut Allergy => SunButter will be subbed. This Symbol "+" denotes contains eggs/egg products Our Ham is Turkey Ham from Jennie-O. Chicken Tamales are Gluten, Dairy, & Egg Free. Can be used in any Special Diet Menu	